

[Nursing Care Plans: Guidelines for Individualizing Client Care Across the Lifespan](#)

Offers detailed nursing care plans for many major health conditions. Conditions are broken down into broad categories and are **best navigated by using the expandable table of contents located on the left-hand side of the screen**. A huge amount of the information you will need for your care plans throughout your degree can be found in this book.

The nursing care plan for each health condition has the following information (in order of how they appear in each section):

Section	Content Covered
[Condition name]	Immediate after the name of the condition / disorder is a section that includes details about pathophysiology, classification, stages, categories, complications, etiology, and / or statistics
Glossary of relevant terms	Brief definitions of key terms related to the condition
Care setting	Where care is typically offered / obtained
Related concerns	Other health conditions that may co-occur (with page numbers for care plans for each related condition)
Client assessment database	Details characteristics of the disorder and its treatment. These characteristics are broken down into relevant categories Categories may include, but are not limited to: Hygiene Elimination Activity / rest Circulation Teaching / learning
Diagnostic studies	Describes the tests that may be done and what each test tells you about the condition / health of the client
Nursing priorities	Key considerations / actions for nurses on the case
Discharge goals / Goals of ongoing care	Goals of treatment / care
Nursing diagnosis	There are <i>multiple nursing diagnoses</i> for each section, and each nursing diagnosis offers the following information:

	<ul style="list-style-type: none">- <i>Risk factors may include / May be related to:</i> what the risk factors for a certain nursing diagnosis are, or what issues a certain diagnosis may relate to- <i>Possibly evidenced by:</i> the signs that a given nursing diagnosis is applicable in a given client's case- <i>Desired outcome – Client will:</i> The behaviours / actions to be taken by the client if a nursing intervention has been successful- <i>Actions / interventions with Rationale:</i> Actions to be taken by the nurse in the presence of a nursing diagnosis presented with the reason that action is needed.
Potential considerations	Additional considerations specific to the health condition under consideration